

HEAD LICE FACTS

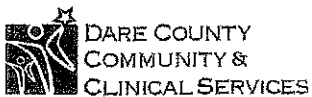
- Head lice do not carry disease, nor does their presence mean a person is dirty.
- Students who screen positive for live lice will be readmitted to school following treatment.
- To prevent the spread of head lice do not share articles that come in contact with the head, neck or shoulders (combs, brushes, hats, coats, towels, etc.)
- If you notice your child scratching his/her head frequently, or notice reddened areas around the hair line, you should examine the head for white nits which cling to the hair strand.
- IF HEAD LICE ARE FOUND, ALL PERSONS IN THE HOUSEHOLD SHOULD BE CHECKED FOR HEAD LICE.

PUBLIC HEALTH RECOMMENDATIONS

TREATMENT: Several shampoos to kill lice are on the market, and most can be bought over the counter at your local drug store. Lice shampoos should contain pyrethrin or 1% permethrin.

PROCEDURE:

1. Remove all clothing.
2. Apply lice shampoo as directed on the label. Do not use a combination shampoo/conditioner, or conditioner before using lice medicine. Do not re-wash the hair for 1-2 days after the lice medicine is removed. Using comb included in kit, comb hair to remove nits.
3. Put on clean clothes after treatment.
4. Wash, in hot water, all clothing, towels and bed linens used by person with head lice. Place in dryer on hottest setting because lice and eggs are killed by exposure for 5 minutes to temperatures greater than 53.5°C (128.3°F).
5. Dry clean all clothing or hats that cannot be washed. All stuffed animals, back packs, etc. should be machine washed or sealed in an air tight plastic bag for 2 weeks.
6. Boil in water for 5-10 minutes or discard all hair brushes, combs, hair ties, etc.
7. Vacuum carpeting and upholstered furniture, especially where children may sit or lie to play or watch TV. Vacuum the interior of your car.
8. Check child daily and remove any nits found on hair with fine tooth comb or by hand to decrease the chance of self-reinfestation. Continue to check for 2-3 weeks to be sure all lice and nits are gone.
9. All initially infested persons should be retreated in 7-10 day.



14 DAY CHECKLIST TO STOP HEAD LICE

DAY 1:

- School notifies parent that lice have been found on your child's head.
- First treatment with lice shampoo.
- Consult pharmacist or physician as needed.
- Remove all nits (eggs) using special comb. You may need to remove some nits by hand. Over-the-Counter products are available for nit removal, or you can use warm white vinegar.
- Place nits in plastic bag, and put in the outside trash.
- Vacuum house and put vacuum bag in the outside trash.
- Inspect family members and treat only if they have lice.
- Put objects that cannot be washed or put in the dryer for 30 minutes in air tight bags for 14 days.
- Student may return to school following treatment. A parent/guardian must accompany student to school upon return for recheck by school nurse or teacher.
- Clean the following:
 - Combs, brushes, rollers, irons, hair ornaments, ear phones
 - Hats, scarves, earmuffs, helmets
 - Towels, linens, mattress/pillow
 - Rugs, carpeting, upholstery
 - Home/auto

DAY 2:

- Take your child to the school office to be checked by a trained staff member or the school nurse.
- Talk to your child about not using others personal items.

DAYS 3-6:

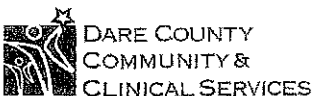
- Inspect your child and family members for evidence of lice and/or nits. Remove by hand if found.

DAY 7:

- Second treatment with lice shampoo.

DAYS 8-14:

- Inspect your child and family members for evidence of lice/nits. Remove by hand if found.



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